



NORTH FORK SCHOOL OF INTEGRATED STUDIES

April 13th, 2021

Christi's Corner:

Calendar:

This week

- 4/5 - 4/16 - Eurythmy residency
- 4/12 - 4/16 - NFSIS - CMAS testing
- 4/14 - 4/15 - 1st grade play

And beyond

- 4/19 - 4/23 - Spring Break
- 4/26 - 5/7 - Celebrate the Beat residency K - 6
- 4/30 - May Day celebration, weather permitting
- 5/1 - Wine and Watercolor, 2-5pm- Town Park
- 5/7 - CTB performance at 4:30pm
- 5/10 - 5/14 - 6th grade field trip to Canyonlands
- 5/10 - 5/11 - 5th grade river trip
- 5/18 and 5/19 - 3rd/4th grade play
- 5/21- All school assembly outdoors, all families invited - time 2:30 PM
- 5/26 - Graduation at 2:30PM
- 5/27 - Kindergarten fly away at 9AM - parents welcome (kids arrive at regular time), Half day of school, LAST DAY of school

Gratitudes: *Thanks to all the teachers this week! Everyone is working overtime on testing, plays, and more. Thanks to Natalie Haines for incredible commitment in her role as theater teacher.*

Celebrate the Beat

NFSIS will be offering Celebrate the Beat this spring! It will be the two weeks after spring break, and will include kindergarten through sixth grade. There will be a whole school CTB performance on May 7th, at 4:30 in the Paonia Town Park. More details to follow.

PLEASE RETURN SIGNED PERMISSION FORMS FOR YOUR CHILD TO PARTICIPATE IN CTB.

3 - 6TH GRADE PARENTS - YOUR CHILD CAN SIGN UP FOR DREAM TEAM - PLEASE SEE HANDOUT REGARDING THIS OPPORTUNITY.



NORTH FORK SCHOOL OF INTEGRATED STUDIES

Candice's Starts

Candice's veggie starts are looking so beautiful and the order form is ready. Please click on this link to order starts that will be available for pickup at school at the end of the year. This is a fantastic NFSIS fundraiser put on by Rockin' Roots Farm. Thanks Rockin' Roots!!

<https://forms.gle/4A7Aq3ArTC6C4JNd6>

Family Gardening Opportunity

The 3/4 grades will be traveling to Peace and Plenty Farm to participate in a family gardening class on April 30th. Parents are encouraged to participate! The class will be video streamed as a zoom webinar as part of The Learning Council/VOGA community gardening series. For more information on the class, please visit www.thelearningcouncil.org The class will cover the basics of starting a family garden with hands on approach and emphasis on gardening for families with school aged children. There will be soil amending using on farm compost, seeding of spring season crops and planting spring transplants. All parents are welcome to attend and garden with your children. The class will be at the farm from 9:30-12. Note time change from TLC website! The children will travel back to Paonia in time for the NFSIS May Day celebration.

Eurythmy

Eurythmy is visible speech and music, harmonizing the performers movements with each piece's content. Founded by Rudolf Steiner, Eurythmy is described as an "Art of the Soul." We are so fortunate to have the opportunity to have our students working with Helena Syrovatkova these next few weeks.

Eurythmy Adult Classes

TLC is partnering with NFSIS to offer adult classes in Eurythmy - Tuesday and Thursday of this and next week - TONIGHT!! 6 - 7PM in the NFSIS pit, enter through the NFSIS side doors. Please see the attached flyer to learn more and sign up through TLC at:

<https://thelearningcouncil.org/project/eurythmy-movement-classes/>

Wine and Watercolor



NORTH FORK SCHOOL OF INTEGRATED STUDIES

Wine and Watercolor is coming up on Saturday the 1st of May from 2 to 5 PM. It will be \$20 a person for watercolor painting, as well as wine, crackers and cheese and an amazing Silent Auction. Invite your friends and family as well to this fundraiser. We have an excellent team working together to make this a fantastic event. Please mark your calendars to come. There will be child care available for the first 20 to sign up - details on this soon.

Wine and Watercolor Silent Auction

Do you have a good or service that you could donate to the Wine and Watercolor silent auction? Each year, we collect an amazing array of donated items to auction off to support our school's extensive programming. Please contact Christi G or email Arlyn Alderdice ladyarlyn@gmail.com if you have something to donate.

Youtube Channel

Brian Werner has put together a NFSIS youtube channel where he will be posting plays, assemblies and more. Thank you Brian! Please bookmark this tab so that you can see what is going on at NFSIS.

<https://www.youtube.com/channel/UCCEoIXYby3DI5Mt6W8WJnww>

Knitting with Sara

Group knitting with Sara on Tuesday afternoons after school - 3:30 - 4:15 PM. Outdoors. Bring a blanket or chair to sit upon.

Pop-Up Bike days with TNC

TNC will be hosting Pop-Up Bike days at Confluence Park in Delta on April 17th, and May 1st from 10AM - 2PM. Students can ride the bikes for free on the trails and pump track.



NORTH FORK SCHOOL OF INTEGRATED STUDIES

Highlights

Kindergarten

Hello dear Kindergarten community!

This week in the Kindergarten we are very busy. We are finishing up the "Six Year Old Games," which has been such a gift, and we are all also looking forward to falling back into our regular daily rhythm when our "Games" are complete.

This week we continue Eurythmy with Ms. Helena, which is also such a gift! Through song and movement Ms. Helena is telling a story of spring. It seems that the children's favorite part is when they all get to become a little chick breaking through its egg and coming into the world for the very first time. So beautiful and full of joy!

This week we have a new circle as well about walking through the forest in the springtime. We meet birds, rabbits, a "squirmy wormy worm," and "big brown bear from country fair." You might ask your child about the song starts, "In the spring time, little rabbits go..." And they also love the part that begins, "A big brown bear from country fair was hungry as could be..." We are having so much fun skipping, running, hopping, and flying around the "forest" together.

This Friday we are so excited to see the First Grade play, and then in the afternoon we will walk to Apple Valley Park for the first time. If any adults are able to join us, I'd love for you to come. We will have a picnic and then play at the playground and by the creek. Please let me know if you can come.

Have a wonderful spring break everyone!

First Grade

First Grade will perform their play The Seven Ravens this week! Parent performance will be on Thursday evening at 5:30pm, students should arrive at school by 5pm so that they can get into their costumes and warm up. I will have popcorn and Big B's apple juice for the kiddos after the performance, please do make sure that they have some down time and a healthy snack/early dinner after school before they come back for the play.

We will also perform on Friday morning before we head out on our last Forest Friday before Spring Break! This Friday we will hike Jumbo and play at Apple Valley Park to celebrate our success in making it through the play. I am looking for volunteers to join us on the hike, let me know if you are interested. **Pick up this Friday will be at Apple Valley Park by 3:10.**

Anyone who is not picked up will walk back to the school, however, I think it will be best for the children to skip the extra walk back to school if possible.



NORTH FORK SCHOOL OF INTEGRATED STUDIES

This week we will also finish out our two week Eurythmy residence with Miss Helena. Among other things the children have been learning a verse with a song called "standing on the earth" which brings in all four elements and is such a lovely exploration of sound and movement. Helena has been an amazing gift to the children and they have grown so much in just this short time. My sincere hope is that we can somehow create the space and funding for more consistent access to Eurythmy, it is so amazing for the children. Please keep this in your thoughts as we move forward as a school and if you have any ideas or people that you think could support this need please do reach out.

Huge Thank You to Natalie Haines for her amazing work on the play, Christel Pretorius for the fantastic raven costumes and to Erin Elliot for supplying the gloves for the play.

Have a wonderful Spring Break!

Second Grade

We have a busy last week before Spring Break. We are completing our Language Arts block with learning about how Prince Settartha became the Buddha. We are also working with poetry as a way to learn about Nouns and Verbs. The children have gained so much from their daily Eurythmy classes. Thank you to the parents who helped make that possible. I am also grateful to Mr. Hall for reading during Handwork class. Please continue to read with your children at home. Also, please return ALL school Library books that you have at home ASAP.

This Friday is Forest Friday. The first grade will perform their class play in the morning. Then we will pack up our bags and head to Apple Valley park with the 1st grade class for a snack. We will hike Jumbo for the afternoon and play in the Juniper woods. Pick-up will be either at Apple Valley Park between 2:45 and 3:00, or back at the school at the end of the day. I would love to have a parent join us for the afternoon.

PLEASE MAKE SURE YOUR CHILDREN ARE PREPARED FOR A DAY OF HIKING ON FRIDAY!

Happy Spring break!

Third and Fourth Grade

We are all (most) ready to wrap this quarter up. But there is very important work to complete prior to Spring Break. Children are working very hard on testing and other academic work. Please make sure they are coming to school with a good night's rest and a proper breakfast. They are extending themselves in new ways this week. And I am a proud teacher! In addition to our testing schedule, they are finishing/presenting their animal reports and attending Eurythmy daily.



NORTH FORK SCHOOL OF INTEGRATED STUDIES

I am excited to announce that the children will perform a second play this year. I am sending home the script this week for you all to have fun with. Perhaps you run a few lines at home over break? The students will only have four short weeks to study their lines and so any extra bit we can muster is helpful.

What a wonderful time of year to have a vacation, enjoy your family time, and the magical world of nature!

Please note:

The 3/4th grades will be traveling to Peace and Plenty farm to participate in a family gardening class on April 30th. Parents are encouraged to participate! The class will be filmed and then streamed as a zoom webinar as part of The Learning Council/VOGA community gardening series. For more information on the class, please visit www.thelearningcouncil.org. The class will cover the basics of starting a family garden with hands on approach and emphasis on gardening for families with school aged children. There will be soil amending using on farm compost, seeding of spring season crops and planting spring transplants. All parents are welcome to attend and garden with your children. Mark you calendars! After leaving the farm , we will (weather permitting) have Our May Day celebration in the park .

Fifth and Sixth Grade

We have a very busy week before we head into Spring Break next week! CMAS testing started Monday, and the students who took it worked very hard. Please make sure your kids are getting a good night's sleep and also a healthy breakfast in the morning so their brains are fueled up and ready for the tests. Please also make sure students who are taking the test are at school on time each morning and are at school in the mornings and if they are opted-in for the optional tests, they are also here in the afternoon.

We have been working hard on our Creative Writing Projects and most of the students are almost finished. Some students have not finished their essays yet. Last week, they were supposed to work on it all week for homework. Thank you to those who supported their kids in this project. The stories are looking really good and I am enjoying reading them. They should know their login to Google Docs to be able to access them. If you have the internet on your computers or tablets, they can access Google Drive. The final project is due this Friday and it includes their Main Lesson book, essay, and any pages in the book. Please let me know if you have any questions or if you need their login info to make sure students can work on their projects. I will text you individually if your student is not finished.

We are going mountain biking on Friday at the trails at the Nature Connection in Hotchkiss. I have reserved a van to transport 10 students, but need to have another driver (or two) to make it work! Julie Burt will be a driver and I think we are good, but if you would like to drive or want to join us to mountain bike, please let me know. We will leave around 9:30 am and be back around noon. Have a great week and a great week off. Hopefully you get to enjoy your family time.