



NORTH FORK SCHOOL OF INTEGRATED STUDIES

April 6th, 2021

Christi's Corner:

Calendar:

This week

- 4/6 - 5th/6th to the Trading Post
- 4/5 - 4/16 - Eurythmy residency

And beyond

- 4/12 - 4/16 - NFSIS - CMAS testing
- 4/14 - 4/15 - 1st grade play
- 4/19 - 4/23 - Spring Break
- 4/26 - 5/7 - Celebrate the Beat residency K - 6
- 4/30 - May Day celebration, weather permitting
- 5/1 - Wine and Watercolor, 2-5pm- Outdoors
- 5/7 - CTB performance at 4:30
- 5/10 - 5/14 - 6th grade field trip to Canyonlands
- 5/21- All school assembly outdoors, all families invited - time 2:30 PM

Gratitudes: *Thanks to Pat and Alima for being the key organizers of the Eurythmy residency we have for these 2 weeks.*

Eurythmy

Eurythmy is visible speech and music, harmonizing the performers movements with each piece's content. Founded by Rudolf Steiner, Eurythmy is described as an "Art of the Soul." We are so fortunate to have the opportunity to have our students working with Helena Syrovatkova these next few weeks.

Eurythmy Adult Classes

TLC is partnering with NFSIS to offer adult classes in Eurythmy - Tuesday and Thursday of this and next week - STARTS TONIGHT!! 6 - 7PM in the NFSIS pit, enter through the NFSIS side doors. Please see the attached flyer to learn more and sign up through TLC at:

<https://thelearningcouncil.org/project/eurythmy-movement-classes/>



NORTH FORK SCHOOL OF INTEGRATED STUDIES

Wine and Watercolor

Wine and Watercolor is coming up on Saturday the 1st of May from 2 to 5 PM. It will be \$20 a person for watercolor painting, as well as wine, crackers and cheese and an amazing Silent Auction. Invite your friends and family as well to this fundraiser. We have an excellent team working together to make this a fantastic event. Please mark your calendars to come. There will be child care available for the first 20 to sign up - details on this soon.

Wine and Watercolor Silent Auction

Do you have a good or service that you could donate to the Wine and Watercolor silent auction? Each year, we collect an amazing array of donated items to auction off to support our school's extensive programming. Please contact Christi G or Arlyn Alderdice ladyarlyn@gmail.com if you have something to donate.

Youtube Channel

Brian Werner has put together a NFSIS youtube channel where he will be posting plays, assemblies and more. Thank you Brian! Please bookmark this tab so that you can see what is going on at NFSIS.

<https://www.youtube.com/channel/UCCEolXYby3DI5Mt6W8WJnww>

Seed Kits

The DCSD Farm to School Program is pleased to offer our Seed Kit Project again! We are offering 200 salad garden kits that include peas, radishes, and lettuce. First come, first serve!. We will limit each K-5 school to 33 kits unless one community doesn't fill up. We will then use those kits for other families that have registered. Families will need to register through our website! I have attached an informational sheet you can use to promote. Please include the following link and promo to register in your communication with families!

<https://sites.google.com/deltaschools.com/farmentoschool/seed-kit-project>

Celebrate the Beat

NFSIS will be offering Celebrate the Beat this spring! It will be the two weeks after spring break, and will include kindergarten through sixth grade. There will be a whole school CTB performance on May 7th, at 4:30 in the Paonia Town Park. More details to follow.



NORTH FORK SCHOOL OF INTEGRATED STUDIES

Class Pictures

The class picture gallery is at this site:

https://wildcountryphotography.shootproof.com/nfsis_class20-21

If you have not yet ordered a class pic, you still may. There will be order forms attached to the email on Powerschool or get one at the front desk.

Thanks!

Knitting with Sara

Group knitting with Sara on Tuesday afternoons after school - 3:30 - 4:15 PM. Outdoors. Bring a blanket or chair to sit upon.

Pop-Up Bike days with TNC

TNC will be hosting Pop-Up Bike days at Confluence Park in Delta on April 3rd, 17th, and May 1st from 10AM - 2PM. Students can ride the bikes for free on the trails and pump track.

CMAS testing

NFSIS will hold CMAS testing starting on April 12th. These are for 3rd - 6th grade students. Please talk with your child's teacher or Christi if you have any questions.

Highlights

Kindergarten

Hello all!

This week in the Kindergarten, we are continuing our special "Six Year Old" games. The children are so excited when it is their turn, and I value this one on one time with them very much. What an incredible, bright, joyful, and gentle group of children!

This week and next, we are so fortunate to welcome a visiting Eurythmy teacher to NFSIS. The Kindergarten will have Eurythmy Tuesday and Thursday both weeks in lieu of our regular circle time. Eurythmy is a beautiful form of movement, and helps us to strengthen our sense of spatial awareness, as well as our ability to move together and independently. Experiencing Eurythmy is joyful, soothing, and nourishes our soul development. If you would like to know a bit more, here is a link to a short description of what Eurythmy is, and why it is such a gift to our children.



NORTH FORK SCHOOL OF INTEGRATED STUDIES

[Eurythmy description](#)

This week I will also begin telling another of my favorite Grimm's fairy tales, *The House in the Forest*. This is an engaging story of three brothers who encounter an enchanted house in the forest. Only one with a pure and generous heart can break the spell to return everything to its true form. Fairy tales have a magical way of sparking the child's imagination. Because of this, the deep, therapeutic work of the story is able to unfold in the children in a subtle way.

Spring is here! Please send a sun hat and water bottle every day. On warmer days, we will begin eating lunch at the park again. If your child is getting a hot lunch on these days, we will get a to-go lunch from the lunchroom to bring to the park.

This Friday we will go to the river. It is supposed to be a beautiful, warm, spring day. Please let me know if you are able to join us!

First Grade

First Grade will begin each day for the next two weeks with Eurythmy. Please be sure that your child is at school on time each morning, we will leave from NFSIS at 8:20 to walk over to the Votech building this week for Eurythmy.

Next week, morning drop off will be at the Blue Sage by 8:20 so that we can begin class there by 8:30. We will walk back to school when we are finished.

We continue to work hard on our play, this is our final week of practice before we head into our performance week. Our evening performance for parents will be on Thursday, April 15th at 5:30pm. Children will need to arrive at school by 5pm to get in costumes and warm up before the performance. We will also perform for the school on Wednesday, April 14th. If for any reason you know that your child won't be here on that day please let me know right away.

We will be working on painting sets this week, please look out for emails with ways that you can help out to make this play a success. Thanks so much to all of the amazing helpers that have already stepped up to assist with costumes and props.

Second Grade

I hope you all had a wonderful weekend. We are grateful to have a 2 week Eurythmy residency. This is such powerful work for the children. Because of Eurythmy, there will be no reading groups for this week. Please continue to read with your children at home.

This Friday will be our 100s celebration: The children also received 100 hearts for acts of kindness. To celebrate this kindness we will have a heart and fun hats, pajamas and stuffed



NORTH FORK SCHOOL OF INTEGRATED STUDIES

animal party on Friday. I will bring a treat and we will play some games. We will end Friday at the River Park again.

The second-grade class is in the depth of their Language Arts Block. We completed the first 7 days of creation according to the Hebrew Mythology. They will study the rest of the Hebrew stories next year. This week we are focusing on nouns and verbs within those stories.

In math, the children are practicing their 4 and 6 times tables. We are continuing to work with carrying and borrowing.

Please continue to practice the spelling words with your children nightly.

We are also working on show-and-tell in the class on Wednesdays at 8:15. Please mark the date for your child's show-and-tell. This can be something special from home or a pet show and tell. If it does not work on the date specified please let me know and we can schedule for another day.

April 7th - Willa

April 8th- Shoni

April 14th- Alastar

May 5th- Amelia

May 12th- Levi

Third and Fourth Grade

The 3rd and 4th grade are continuing to learn and work on their animal reports and poems. This week they are turning in their rough drafts, learning to write attention grabbing introductions and satisfying conclusions. They are teaching everyone around them fun facts about the animal they chose!

We are also continuing to learn about different animals together. So far we've looked at octopuses, sea stars, earthworms, and eagles. This week we will dive into the various habitats animals live in from grasslands to polar regions.

The children have eurythmy for the next two weeks. They moved well and enjoyed the magical eurythmist yesterday during their first session.

Fifth and Sixth Grade

The 5th and 6th Graders are working diligently on our Creative Writing project about Greek Mythology. We are creating fun Narrative essays about Greek characters, Gods, and Goddesses. The students have been learning all about using figurative language and dialogue to create fun and engaging stories. We have analyzed different types of creative writing including songs, other students' narrative writing as well as other examples presented. It has



NORTH FORK SCHOOL OF INTEGRATED STUDIES

been fun to watch the creative juices flow (pun intended)! We will finish up our project this week as we move into next week's *CMAS* testing and into Spring Break.

If you have any questions about the *CMAS* testing, please don't be afraid to talk to Christi or Mrs. T so we can answer them. Students will likely have some homework during the week each night as they write their essays and draw their characters. Please help support your student this week.

We are fortunate that we will get to participate and learn about Eurythmy this week. It is a busy two weeks as we scream into Spring Break. Have a great week.