



NORTH FORK SCHOOL OF INTEGRATED STUDIES

January 5th, 2021

Christi's Corner:

Calendar:

This week

- Jan 4th - In school workday - no school for children
- Jan 5th - Back to school

And beyond

- 1/18 - Teacher Inservice - NO SCHOOL
- 2/2 - Candlemas
- 2/15 - 2/19 - February Break

Gratitudes: *Thanks to all parents for such wonderful gifts and caring for our teaching staff this past holiday season.*

Basketball

Unfortunately we will not be continuing with Pee Wee basketball through the Rec Center in Delta. While basketball is still not approved on the pee wee level by the health department they are trying to figure out guidelines. So far what they have come up with is that there will likely be no spectators or limited to 2 per child at this point. Also there will be mask restrictions for coaches and 6th grade. We also do not have approval to practice in school facilities. We believe this is a lot to ask of parents. While the guidelines could change we have decided to not go forward with the pending season and start fresh the following season.

We do want to try and do something local for our kids. Possibly a camp and scrimmages. So at this time we will hold all money. We hope to give you more info as soon as possible. We are sorry for the ups and downs but we are trying very hard to keep our kids involved this winter. Thank you and feel free to contact Jessi 640-4346 with any questions.

Cross Country Ski Days

Looking for a way to beat those winter blues? The Grand Mesa is gorgeous this time of year (and often bright and sunny above the inversion.) We've even got some fresh snow coming this week! Come use The Nature Connection's ski gear with your family. Free for kids and \$5 suggested donation for adults. We'll even provide some basic instruction and hot drinks when you're done.



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Come join us this Saturday Jan 9th or on Jan 23rd from 10am - 2pm. We'll also be hosting full moon skis in Feb and March.

Spaces are limited and RSVP's are required so we have your size. See www.thenatureconnection.net/family for RSVP and more info.

Meal Train

Welcome Kelby Cobia! A son born to Amy and Derek Cobia, parents to Payson in the NFSIS Kindergarten, and new North Fork residents. Let's all come together to give them a true North Fork welcome, supporting them with delicious food during this sweet time with their newborn son.

Message from Christi G:

When I first arrived in the valley almost 10 years ago, I was pregnant with my second child. I had no idea how life would be in a new town where I knew few families and was about to have another newborn and all the beauty and challenge that comes with that. My new friend, Kerry Noonan, organized a meal train for me - the likes of which I had never seen... Gorgeous organic meals came my way from people I barely knew. It was one of the most beautiful experiences I have ever had and I would like for Amy and family to feel the same way! Thanks for joining...

<https://mealtrain.com/z0q696>

Lost and Found

We will have Lost and Found outdoors on the sidewalk from today until Friday morning. Please dig through and take what is yours. The rest will be donated/disposed of at the end of the week.

Please help keep NFSIS staff safe!

Delta County school district is planning to keep school open if possible. If you have plans to travel and see people from outside the North Fork, please keep in mind the health of the NFSIS staff by continuing with good hygiene and other COVID preventive measures. **If you have been exposed, stay home!!** We all come to work each day to serve your children, and partnership with our families is critical in this during this unusual time of tricky public health.

In addition, please remember to mask up at pick up time, again to keep our staff safe.



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Call it in!!

If your child is absent, please call it in every time! 970 527 3639. We need to know why children are absent during this uncertain time for the health of our school. We all want to stay open as long as possible and we need your help to make this happen. Thank you.

Highlights

Kindergarten

I hope this winter break was full of joy and magic and rejuvenation for all. I have loved this time with my family, and I feel restored and ready to begin this new year with the children. We have exciting class news: Today we welcome our new class member, Rainy. Welcome to Rainy and her parents, Chelsea and Seth! I am so happy you are all joining our class community!

This week I will begin telling the fairy tale, Mother Holle. In this story there is a "kind and industrious" sister and a "cruel and lazy" one. Whenever I tell this story to young children, I can feel their anticipation as they wait for justice to be served, and then their sense of satisfaction as each sister receives their "reward." Fairy tales serve so beautifully as a reminder that the world is good. We will also begin a new winter circle, and we will start a new sewing project.

Resting Things: Please send bedding to school, if you haven't already. Ideally this would be a pillow, cozy blanket, and a full size pillow case or bag to make transporting it easier. This semester, the bedding will be coming home for a wash every other Friday.

Winter gear: Please continue to send snow pants, coats, hats, gloves/mittens, and boots/warm shoes each day. And I LOVE when the children are dressed in layers. We have so much more fun outside when we are bundled and warm.

Snack/Lunch: Many children have started eating a majority of their lunches during our morning snack time, and then they tell me that they are still hungry when they finish their lunch. If your child's lunchbox has been empty at the end of the day, please send a little bit more food the following day. Also, if your child is getting hot lunch, remember to still send a snack that day. These Kindergarteners are growing fast!



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Forest Fridays: This Friday I would like to go to the river. We will leave at about 12:00, bring our lunches, eat lunch and then play beside the river until about 2:00 (or whenever it feels like the right time to return). I'd love to have parent volunteers join us. Let me know if you can come along Friday afternoon. The time might shift a bit, but I am hoping to begin going to the river each Friday, and I would always love for as many parents to join us as possible.

Thank you all for reading! Please reach out with any questions or concerns.

First Grade

WELCOME BACK!! I hope everyone had a restful break and joyful holiday with family and friends. We are going to be coming back into a math block and really getting to work on the four operations. There will be many adventures with King Plus, Prince Minus, Mul De Plier and Queen Divide over the next four weeks. We will also be studying Winter themes in the afternoons twice a week where we will be looking at what happens in the winter months. Talking about animals that hibernate, migrate and those that adapt for the winter. Taking walks, recording the moon cycle in our nature journals and learning about the life cycle of a snowflake. Finally, we are going to begin playing the Pentatonic Flute in about a week. This is an amazing step and these instruments are very precious so there will be a lot of learning how to care for them and treat them kindly so that they may be used for years to come. I am looking forward to seeing everyone back at school and getting back into a big block of learning!

Second Grade

Welcome back - It sounds like everyone had a lovely break. I am so delighted to begin a new year!

For the next few weeks, we will be in a science/math block. The children will learn to observe the world around them. They will also learn about the seasons, the months and about time.

Reading groups will continue starting tomorrow and spelling quizzes will be on Friday.

This Friday we will go to the river park at the end of the day if the weather is nice. I hope you all have a wonderful new year.

Third/Fourth Grade

Thank you all for pooling together for the gift cards. I went straight away to Target for new pillows and I will surely enjoy my massage. My love bucket is full and I am so



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grateful to return to these great kids! We are entering into a math block of the year and immersing ourselves into the world of fractions.

If you recall your own school years, learning fractions when you were nine or ten may not count as one of your most enjoyable experiences! As you might expect, matters are completely different in the Waldorf classroom, and your children will be enamored of all that they learn in this block (let's cross our fingers)! One of the ways we approach this challenging subject is by eating our way through fractions, cutting apples, and dividing pies. By the year's end, your child should be comfortable with the four operations in fractions and with some simple fraction-to-decimal conversion.

Fifth/Sixth Grade

Welcome back. I hope everyone had a restful break and enjoyed time with your family. I got out and cross-country skied many times and also was able to hike almost every day. I am excited to be back with the students and look forward to a fun month of play practice during our Drama and Greek Mythology block.

Our class is almost full and we have Jack Weber back in our class starting this week! We also have Audrey, Walden, and Hazy back after participating in distance learning. It is so fun to listen to all the lively conversations between the kids today.

We will be practicing our play, *The Winning of Troy*, for the next five weeks. Our play will be on Wednesday, February 10, and potentially Thursday, February 11 for the parents if allowed. We will be practicing during our Main Lesson time in the morning at the start so please plan any appointments for the afternoon so we don't have any missing during our practice.

This Friday, we will be going cross country skiing for our Forest Friday. Please join us if you want to come. We will either go up Kebler Pass or up to Steven's Gulch for the day. I plan on going skiing every Friday this winter.

Starting this Thursday, I will have Homework Club every Tuesday and Thursday from 3:30 to 4:00. If your student is struggling or has a hard time finishing their homework during the week, please have them join us each week. If you



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have any questions or concerns, please don't hesitate to contact me. Have a great week.