



NORTH FORK SCHOOL OF INTEGRATED STUDIES

School Newsletter

February 7, 2017

Mark Your Calendar

February

- 2/8- 10:00 Lock Down Drill
- 2/14- 4:30 Finance Cte
- 2/18-2/26 Winter Vacation
- 2/28- 4:30 Finance Cte
- 3/1- 8:00 NFSIS Open House and Rainbow Café
- 3/2- 2:00 Events Cte
- 3/2- 4:15 Community Council
- 3/3- 2nd-5th grade Powderhorn Ski Day

School News

NFSIS Powderhorn Ski Trip

We are preparing for our 1st Powderhorn Snowsports Training Days. This is an optional day of skiing/snowboarding for our 2nd through 5th grade students. We are scheduled to go to Powderhorn on Friday, March 3rd and March 17th. Parents, please check next week's Tuesday Express for an information packet.

3rd-5th grade CMAS Testing

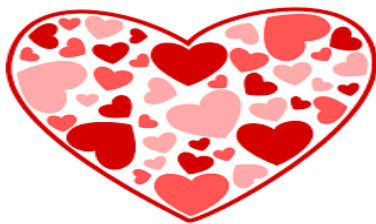
Our annual state student assessments will begin in March. Although the schedule has not been finalized, 3rd-4th graders will be taking math and language arts tests between March 20 and April 28. Our 5th grade students will also be taking the state Science test. Students will have 3 language arts sessions, 4 math sessions, and 3 science sessions. NFSIS students will be not be taking online tests this year, but instead will be taking paper/pencil tests. These assessments are the primary tool our district uses to determine if the NFSIS curriculum and instruction is meeting district accountability benchmarks. As soon as the schedule is finalized, we'll let you know.

Inclement Weather Recess

Even though we've had a stretch of warmer weather, there is still the chance for colder temperatures and snow-covered playgrounds. Please remember to send your children to school with appropriate clothing for the weather. Remember, we will only have inside recess if the temperature is below 20 degrees, or if there is heavy rain. The snow will not keep us inside.

A KidZ Clinic Special Messages

Sleep is just as important for your well-being as nutrition and physical activity. The amount and quality of sleep you have can effect your safety, how alert you are, maintaining memory, your moods, behavior, and learning abilities. Establishing good sleep schedules will benefit you for years to come. If you are having any trouble with sleep at night, you should be seeking advice from a parent or your medical provider.



Information in the Office

There are flyers available at the front office for the following programs:

- ✓ Winter Break Powderhorn Skiing Registration
- ✓ Arts for All
- ✓ Girls on the Run
- ✓ Good News Club